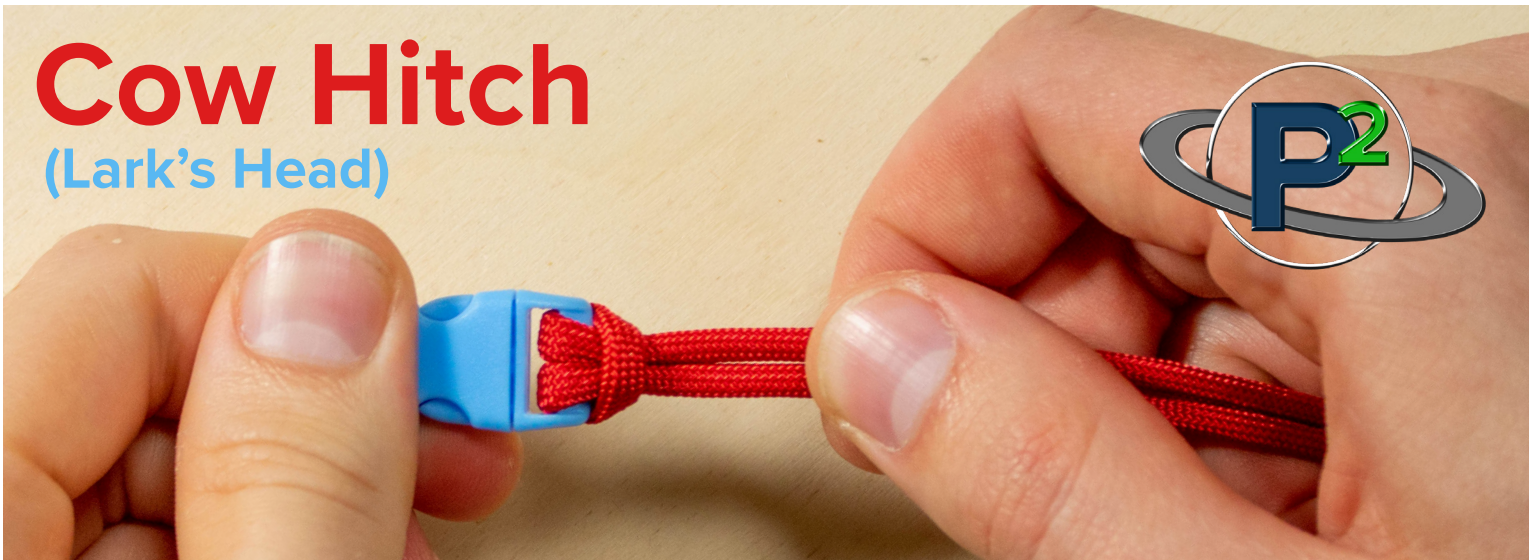
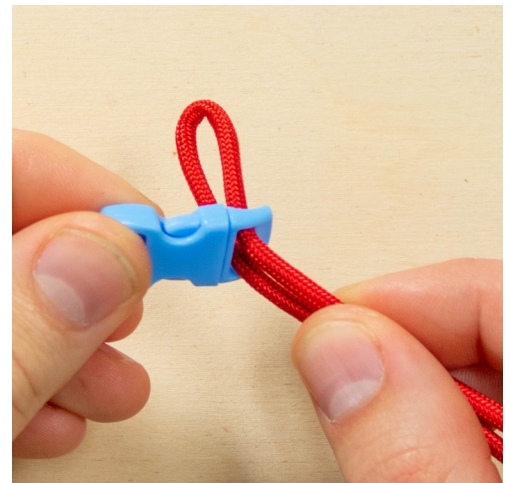
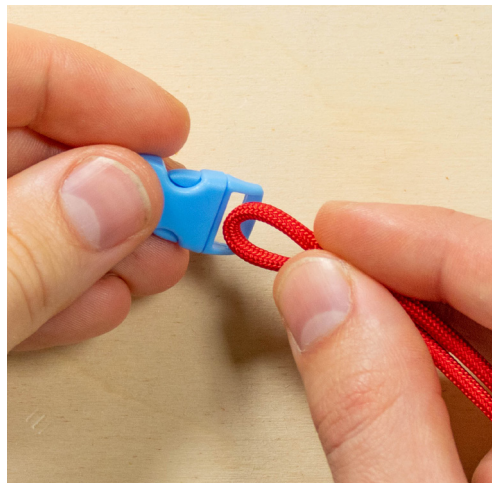
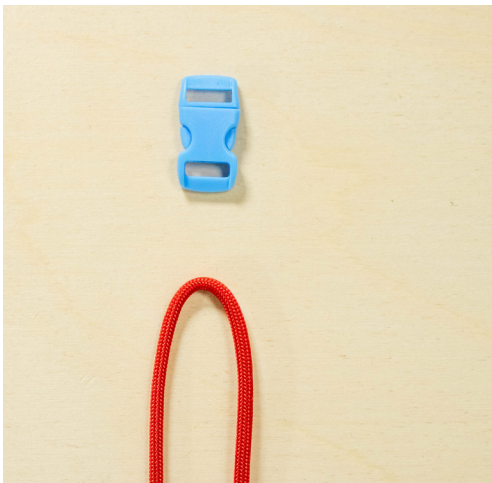


# Cow Hitch

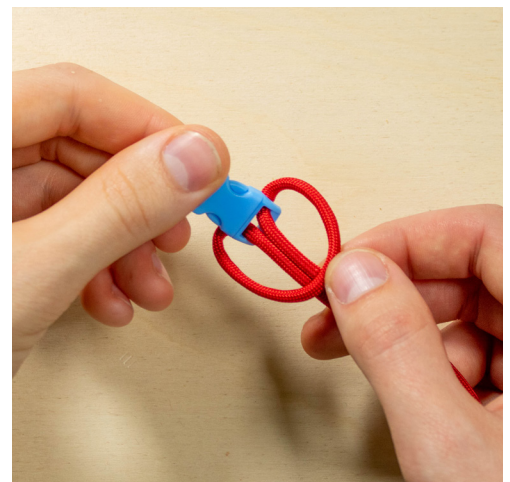
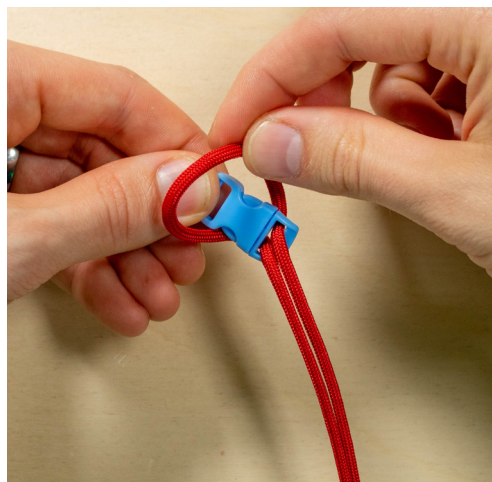
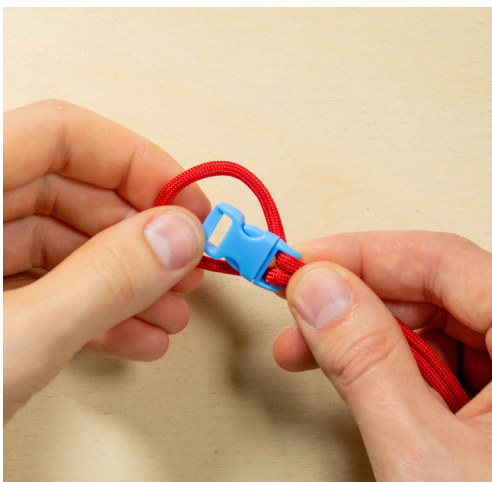
(Lark's Head)



While the cow hitch has many uses, in paracord crafting it is most commonly used to anchor paracord to a plastic buckle for starting a bracelet.



To begin, fold your cord in half. Push the folded end through a buckle anchor hole or other anchor object. (Pictured is a 3/8" plastic buckle.)



Fit the buckle or other object through the middle of the folded loop. Tighten the knot by pulling on the ends of your cord. The result should look like the title picture.